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WEEK I	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN MEAL	Cheesy Salmon Sub Melt with Baked Wedges	Creamy Beef Lasagne	Roast Gammon & Roast Potatoes with Gravy	Chicken Tikka Masala with Wholegrain & White Rice	Fish Fingers & Chips	
HALAL MAIN MEAL	Cheesy Salmon Sub Melt with Baked Wedges	Halal Creamy Beef Lasagne	Halal Roast Chicken & Roast Potatoes with Gravy	Halal Chicken Tikka Masala with Wholegrain & White Rice	Fish Fingers & Chips	
VEGETARIAN MAIN MEAL	Italian Cheese & Tomato Pizza with Baked Wedges	Plant Based Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Goan Potato & Spinach Curry with Wholegrain & White Rice	Vegan Vegetable Nuggets & Chips	
VEGETABLES	Carrots & Peas	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans	
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise					

PICK & MIX

SANDWICHES

2. DESSERT

Vanilla Yoghurt Apple Strudel & Custard PUDDING

Ham Roll

Cheese Roll

Vanilla Yoghurt

Halal Chicken Roll

Egg Mayonnaise Roll

Apple Strudel & Custard

Strawberry Jelly &

Mandarins Ham Roll Cheese Roll Strawberry Jelly & Mandarins

Pear & Cocoa Sponge with Vanilla Sauce **Tuna Mayonnaise Roll Cheese Roll** Pear & Cocoa Sponge with Vanilla Sauce

Chocolate Cookie Ham Roll Egg Mayonnaise Roll Chocolate Cookie



POTATOES

PUDDING

PICK & MIX

SANDWICHES

& DESSERT

Vegan Lemon Shortbread

Ham Roll

Cheese Roll

Vegan Lemon Shortbread



Oaty Fruit Crunch

Ham Roll

Egg Mayonnaise Roll

Oaty Fruit Crunch

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Pork Sausage & Mash	Texan Style Mince Beef with Wholegrain & White Carrot Rice	Roast Turkey & Roast Potatoes with Gravy	Pasta Carbonara with Bacon & Homemade Garlic Bread	Battered Fish & Chips
HALAL MAIN MEAL	Halal Chicken Sausage & Mash	Halal Texan Style Mince Beef with Wholegrain & White Carrot Rice	Halal Roast Turkey & Roast Potatoes with Gravy	Halal Pasta Carbonara with Turkey & Homemade Garlic Bread	Battered Fish & Chips
VEGETARIAN MAIN MEAL	Baked Gnocchi in Tomato & Basil Sauce	Plant Based Chilli with Wholegrain & White Carrot Rice	Red Pepper & Spinach Spanish Omelette	Crispy Topped Mac 'n' Cheese & Homemade Garlic Bread	Margherita Wrap & Chips
VEGETABLES	Carrots	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
JACKET	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				

Vanilla Yoghurt

Ham Roll

Cheese Roll

Vanilla Yoghurt

Eves Pudding & Vanilla

Sauce

Tuna Mayonnaise Roll

Cheese Roll

Eves Pudding & Vanilla

Sauce

Pear Crumble & Custard

Halal Chicken Roll

Egg Mayonnaise Roll

Pear Crumble & Custard



IFG Primi	ary					
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN MEAL	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognaise with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild & Creamy Makhani Chicken Curry with Pilau Rice	Fish Fingers & Chips	
HALAL MAIN MEAL	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Halal Beef Bolognaise with Wholegrain & White Pasta	Halal Roast Chicken & Roast Potatoes with Gravy	Halal Mild & Creamy Makhani Chicken Curry with Pilau Rice	Fish Fingers & Chips	
VEGETARIAN MAIN MEAL	Italian Cheese & Tomato Pizza with Baked Wedges	Vegan Roasted Vegetable Bolognaise with Wholegrain & White Pasta	Vegan Wellington & Roast Potatoes with Gravy	Sri Lankan Split Pea & Cauliflower Curry with Pilau Rice	Onion Bhaji Burger & Chips	
VEGETABLES	Sweetcorn	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans	
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise					

Strawberry Jelly with

Fruit Cocktail

Ham Roll

Cheese Roll

Strawberry Jelly with

Fruit Cocktail

Homemade Apple

Crumble & Custard

Tuna Mayonnaise Roll

Cheese Roll

Homemade Apple

Crumble & Custard

Chocolate Cracknell

Ham Roll

Egg Mayonnaise Roll

Chocolate Cracknell

Pineapple Upside Down

Cake & Vanilla Sauce

Halal Chicken Roll

Egg Mayonnaise Roll

Pineapple Upside Down

Cake & Vanilla Sauce

Vanilla Yoghurt

Egg Mayonnaise Roll

Cheese Roll

Vanilla Yoghurt

PUDDING

PICK & MIX

SANDWICHES

2. DESSERT