



Dashwood Banbury Academy

an Aspirations Academy

Growing together; succeeding together

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Dear Parents and Carers

On Friday 6th October, our Dashwood Action Committee met to discuss issues affecting Dashwood. The aim of the DAC is to gain parent voice about how we keep striving to improve.

One agenda item discussed at this meeting was the Tuck Shop which is available to pupils in Years 1 – 6 at break times on Mondays, Wednesdays and Fridays currently. We aim to provide 'healthier' snacks from our Tuck Shop that are under 100 calories and lower, or with no, sugar. We conduct extensive research using NHS guidelines and other trusted sources.

Currently our Tuck Shop offers the following items where pupils can select one snack and one drink for £1:

Snacks:

- Bear Pure Fruit Yoyo Strawberry
- Propercorn Lightly Sea Salt Popcorn
- Propercorn Sweet & Salty Popcorn
- Popchips Bbq Flavour
- Popchips Sour Cream & Onion Potato Snacks
- Proper Chips Salt & Vinegar Lentil Chips
- Proper Chips Bbq Lentil Chips
- Snack a Jacks Sour Cream & Chive Rice Cakes
- Snack a Jacks Sizzling Barbecue Rice Cakes

Drinks:

- Water Splash Blackcurrant No Added Sugar
- Apple & Raspberry No Added Sugar Sparkling Water

An additional potential drink option we could add is the Strawberry lactose reduced milk drink **Yazoo** as it meets government guidelines for use in schools, as it contains no added sugar or artificial sweeteners (only naturally occurring sugars), is a natural source of calcium & vitamin B2, and is rich in protein and suitable for vegetarians.

It was suggested at the DAC that gain some parent and pupil voice about other items we could sell at the Tuck Shop and welcome your input.

Please follow the link to this Google Form to share your ideas: <https://forms.gle/JPvj62wsgqt83EyZ6>

The form will be open until Friday 20th October 2023.

Kind regards

Annelise Gooch (Vice Principal)

