



Dashwood Banbury Academy child friendly anti-bullying policy – written by our Anti-Bullying Ambassadors for our pupils



We, Dashwood Banbury Academy's Anti-Bullying Ambassadors, believe that everyone has the right to be themselves.



Our school is a caring environment where everyone can feel safe, be happy and learn.

Everyone at our school is included and acts with respect and kindness towards each other. We recognise that everyone is different and that we are all unique. We celebrate our differences and similarities.



Our school takes bullying very seriously.

What is bullying?

Bullying is when a person is hurtful or unkind to someone else on purpose and more than once. Bullying can be carried out by one person or more than one person or even by a group of people.

A useful way to remember what bullying is:

Several **T**imes **O**n **P**urpose
(and it is hurtful)

Bullying can be:

- Hitting or saying that you are going to hit someone
- Touching someone when they do not want you to
- Calling someone names, teasing, using rude language or saying nasty, hurtful things to them to upset them, or about someone to other people
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out

- Sending hurtful or unkind texts, emails or online messages to someone or about someone

The Anti-bullying Ambassadors recognise that bullying can be... **V.I.P**

Verbal – using spoken words that are unkind or hurtful

Indirect – hurtful comments made to someone about someone else or made online including cyber-bullying

Physical – hurting someone on purpose

Bullying can be about:

- Race or ethnicity (racist bullying)
- Religion or belief
- Family or culture
- Sexist bullying
- Homophobic or bi-phobic bullying
- Transphobic bullying
- Special Educational Needs or disability bullying
- What someone looks like
- Where someone lives or who they live with

Why does bullying happen?

Although bullying doesn't happen very much at Dashwood Banbury Academy, it **might** happen. Pupils who bully can be older, younger, bigger or smaller than you. Pupils who bully pick on people who may be different in some way and try to make them feel worse about themselves.

People who may present bullying behaviours may also need support. It is important to identify and deal with the bullying behaviour.

If you are being bullied remember that it is never your fault.

Where does bullying happen?

Bullying can happen at school, outside of school or online.

What should I do if I think someone is being bullied?

- In our school, we all take responsibility in keeping each other safe which fits in with our three school rules: **Ready, Respectful, Safe**
- It is never OK to see someone being bullied and do nothing (being a **bystander**)
- You can tell people to stop (become an **up-stander**) or you can tell an adult about what has happened.

- If you think someone is being bullied then talk to the person, ask if they're okay and ask if you can help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust.

- Tell an adult or friend, either at school or at home.
- If you have already told an adult about bullying you can still tell them again.

You can:

- Tell a teacher – your class teacher or any other teacher
- Tell a friend you trust
- Tell any other adult staff in school – such as Teaching Assistants, midday supervisors or the school office
- Tell an adult at home
- You can also write a note about the bullying and put it in your class worry box or give it to your class teacher
- You can also call ChildLine at any time for free on **0800 1111**. They will not tell anyone about what you have said.

If you tell a teacher or adult at school, they will be able to help you. They will tell the Principal or Senior Leaders of our school and your parent or carer so that they can all help you together.

Telling an adult will never make bullying worse. They will talk to you and the people displaying bullying behaviours to find ways to stop it and keep you safe.

At Dashwood Banbury Academy we believe that everyone has the right to be treated fairly and equally.

It is against the law to discriminate against someone because of:

9 Protected Characteristics:	age	disability	gender reassignment	marriage and civil partnership
pregnancy and maternity	race	religion or belief	sex	sexual orientation

We are all protected under the Equality Act 2010 from these types of discrimination.

At Dashwood, we strive to create an inclusive environment where every member of the school community can flourish.

Under the Equality Act 2010, which protects us all from discrimination, there are nine protected characteristics. We do not discriminate or tolerate discrimination against anyone based on any of the protected characteristics they have.

At our school, we have assemblies that help us to learn more about the 9 Protected Characteristics and how all people should be treated equally and fairly. Our PSHE curriculum maps out lessons that are taught to each year group, in an age-appropriate way - which gives us all opportunity to delve more deeply into each protected characteristic. We are lucky to be part of a diverse community at Dashwood and can see the positives of this. We learn from each other about our different cultures, religions and beliefs.

Through our three School Rules – **Ready, Respectful, Safe** – we learn that respect helps to ensure that we are treated fairly and in-turn, treat others in the same respectful way.



Our Dashwood Banbury Academy Anti-Bullying Logo
designed by our Anti-Bullying Ambassadors