<u>After School Club – Light Snack Menu</u>

Monday	Tuesday	Wednesday	Thursday	Friday
Carrot and Cucumber batons	Whole wheat wraps – ham, cheese, soft cheese, cucumber slices	One section of noodles OR Sandwiches 50:50 bread	Hotdogs	Whole wheat wraps – ham, cheese, soft cheese, cucumber slices
Toasted wholemeal pitta pockets	Fruit pots – melon, blueberries,	Carrot and Cucumber batons	Fruit pots – melon, blueberries, strawberries, raspberries etc	
Yoghurts	strawberries, raspberries etc	Yoghurts	Raisins	Carrot and Cucumber batons
	Raisin boxes	3		Yoghurts

Monday	Tuesday	Wednesday	Thursday	Friday
Whole wheat wraps - ham, cheese,	Carrot and Cucumber batons	Whole wheat wraps - ham, cheese,	One section of noodles OR	Hotdogs
soft cheese, cucumber slices		soft cheese, cucumber slices	Sandwiches 50:50 bread	
	Toasted wholemeal pitta pockets			Fruit pots – melon, blueberries,
			Carrot and Cucumber batons	strawberries, raspberries etc
Carrot and Cucumber batons	Yoghurts	Fruit pots – melon, blueberries,		
		strawberries, raspberries etc	Yoghurts	Raisins
Yoghurts				
		Raisin boxes		

Monday	Tuesday	Wednesday	Thursday	Friday
Hotdogs	Whole wheat wraps - ham, cheese,	Carrot and Cucumber batons	Whole wheat wraps - ham, cheese,	One section of noodles OR
	soft cheese, cucumber slices		soft cheese, cucumber slices	Sandwiches 50:50 bread
Fruit pots – melon, blueberries,		Toasted wholemeal pitta pockets		
strawberries, raspberries etc	Carrot and Cucumber batons		Fruit pots – melon, blueberries,	Carrot and Cucumber batons
			strawberries, raspberries etc	
Raisins	Yoghurts	Yoghurts		Yoghurts
			Raisin boxes	

Monday	Tuesday	Wednesday	Thursday	Friday
One section of noodles OR	Sandwiches 50:50 bread	Whole wheat wraps - ham, cheese,	Carrot and Cucumber batons	Whole wheat wraps - ham, cheese,
Sandwiches 50:50 bread		soft cheese, cucumber slices		soft cheese, cucumber slices
	Fruit pots – melon, blueberries,		Toasted wholemeal pitta pockets	
Carrot and Cucumber batons	strawberries, raspberries etc	Carrot and Cucumber batons		Fruit pots – melon, blueberries,
			Yoghurts	strawberries, raspberries etc
Yoghurts	Raisins	Yoghurts		
				Raisin boxes

Monday	Tuesday	Wednesday	Thursday	Friday
Whole wheat wraps - ham, cheese,	Sandwiches 50:50 bread	Hotdogs	Whole wheat wraps - ham, cheese,	Carrot and Cucumber batons
soft cheese, cucumber slices			soft cheese, cucumber slices	
	Carrot and Cucumber batons	Fruit pots – melon, blueberries,		Toasted wholemeal pitta pockets
Fruit pots – melon, blueberries,		strawberries, raspberries etc	Carrot and Cucumber batons	
strawberries, raspberries etc	Yoghurts			Yoghurts
		Raisins	Yoghurts	