



Dashwood Banbury Academy

an Aspirations Academy

Growing together; succeeding together

Amy Rogers – Principal

Merton Street, Banbury, OX16 4RX

Telephone: 01295 263240

Email: office@dashwood-aspirations.org

Web: dashwood-aspirations.org

17.3.2021

Dear parents/carers,

As it is Red Nose Day on Friday, we are planning some activities for lunchtime in school to help support the wonderful work comic relief does. We are using this as an opportunity to raise awareness and focus on the mental health and wellbeing work we do in school and with the charity Place2Be. With returning to school fully only last week, the charity event has crept up on us, so we apologise for the short notice however, we are planning to do things which do not involve any extra work for you at home. To celebrate the day we are:



- **Sharing a smile:** staff will go round with a large 'photo frame' taking photos of pupils smiling to cheer everyone up for their mental health.
- **Physical challenge:** we are challenging our pupils and staff to see how many 'miles of jumping jacks' can we do in 2 hours (720 jumping jacks = 1 mile). This will not only support mental health but also our physical health too as we've all been inside and are still in a lockdown so we want to bring more fun into the day. A section of the playground will be set up outside for when pupils are out for their break at lunchtime. They can choose to join us staff if they want to and we can count how many jumping jacks we do!
- We are asking for **donations of money** to help sponsor our activities which we can donate to comic relief. A **bucket** will be available on the gates on **Friday** to save any issues around Covid safety. Any amount of money, even small amounts can really go a long way.
- We are not asking anyone to dress up as we know it is hard to get outfits but **children can wear red noses or other items** linked to Red Nose Day if they wish (there is no expectation for them to). **Uniform** should be worn as **normal**.

You can find out more about Red Nose Day at: <https://www.comicrelief.com/rednoseday/>

Thank you for continuing to support us with our school activities and procedures but also supporting this wonderful charity event. We are sure to have lots of fun!

Yours sincerely

AERogers

Mrs Amy Rogers
Principal



Talk for Writing



ASPIRATIONS