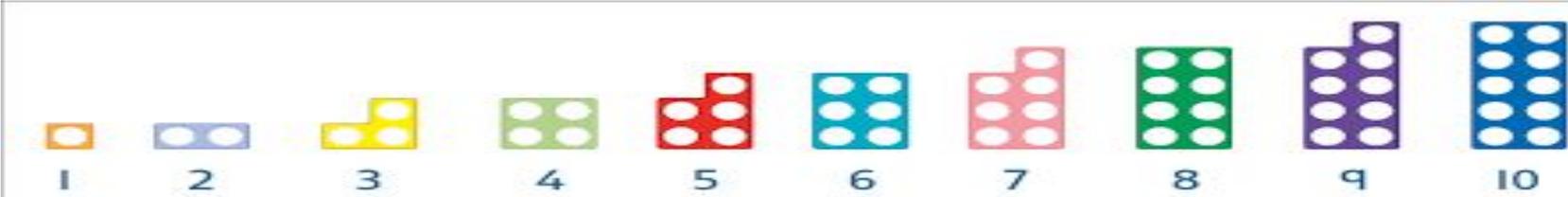


## Planning grid for Covid-19 Classes

Date: 12<sup>th</sup> January 2021

<b>Nursery</b>	
<b>8:30-9:00</b>	Get up, washed, dressed and have a healthy breakfast to give you some energy.
<b>9:00-9:15</b>	<p><u>Phonics session:</u>  <b>Practise your listening skills:</b>            For this you have to concentrate really hard and use your listening ears.            Have a go at this online game. Listen very carefully, you will hear some animal sounds. They are hiding behind the doors, see if you can guess which animal they are.  <a href="https://www.phonicsbloom.com">What's Behind The Door? (Phase 1) - Online Phonics Game (phonicsbloom.com)</a>            Maybe you could have a go at making your own listening game?</p>
<b>9:15-10:00</b>	Independent play: You could take turns playing a game, create using playdough or have a tea party with your teddies.
<b>10:00-10:15</b>	<p><u>Maths:</u>  <b>Counting:</b>            For this you are going to practice your super counting skills.            Can you recognise any of these numbers <b>1 2 3 4 5 6 7 8 9 10</b>            Use this video to help you count. <a href="https://youtu.be/lc7b5tvYaeQ">https://youtu.be/lc7b5tvYaeQ</a>            Have a go at using the Numicon below. Remember to use the holes to help you count.</p> <div style="text-align: center;">  </div>
<b>10:15-10:30</b>	Snack and break time
<b>10:30-10:45</b>	<p><u>Fine motor activity:</u>  <b>Dough Disco:</b>            Today's physical activity is aimed at strengthening <b>fine motor</b> muscles. You will need some <b>playdough</b> in your hands, either shop bought or homemade (see recipe in your home visit pack). If you don't have any playdough you could use a sock in your hands instead. Using your playdough copy the video online.  <a href="https://youtu.be/BOLR3pQt8zg">https://youtu.be/BOLR3pQt8zg</a></p>
<b>10:45-11:45</b>	Independent play: You could complete a puzzle, draw a picture or read a book.

11:45-12:00

Physical activity:  
**Brain Breaks: Move and Freeze.**

It's important to keep your body moving to keep you healthy, have a go at this online video <https://youtu.be/388Q44ReOWE>  
Make sure you have your listening ears switched on too. Have Fun!

When you have finished, notice how your body feels. Are you out of breath? Do you feel hot and/or sweaty?

If you can't access the internet can you **create your own work out**. Put on your favourite music and make up your own exercise moves.

12:00-1:00

Lunchtime - Help prepare lunch, set the table and wash/clear up afterwards.

1:00-1:30

Creative Curriculum:  
Create your own **small world** town. What does a town need?...roads/shops/a park? What will you put in yours? You could draw it on some paper or cardboard or make it using train track or blocks.



Can you add some people that help us? A fire station or a hospital?

1:30-2:45

Independent play: You could role play being one of these people that help us. Maybe a fireman putting out a fire? you could use toys and props.

2:45-3:00

Story time / song: **OH NO!!! Jess the Cat is missing! I wonder where she is?**



Have a think about where Jess might be. Maybe stuck in a Box....Maybe she climbed a tree and cant get down?  
Who can we ask to help us find her? Watch this video to give you some ideas <https://youtu.be/r1i7Oumeoko>

Can you draw a MISSING Poster for Jess the cat? What does Jess look like? What colour? Does she have ears?

3:00-3:15

Snack and reflection time - what have you learnt today? What have you succeeded in and been proud of? What do you think you could practise more of tomorrow? What else would you like to learn about?